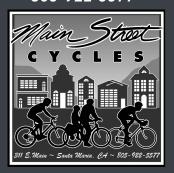


"It's Time To Ride!" News TM

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"It's Time To Ride!" News TM

Last Weeks Saturday Ride Report

I am not going to sugar coat it, last week was cold, windy and wet. With a very small group, Mark, Alec, Gabriel and myself, it also meant a lot of work at the front for everyone. Kudos to Roy and Amalia for showing up too, they were smart and turned back as they are still recovering from an extended vacation to the Philippines. As they say though, no bad days on a bike. It was good to get some miles in and feel some weather. While not my favorite ride, I did experience some of my favorite feelings and emotions during and after. The feeling of being bundled up against the elements and succeeding. Getting miles in and staying on schedule with a workout day, even though a cancel would be acceptable. The sense of camaraderie of those that are with you under tough circumstances. The feeling of accomplishment at the end and going on with the rest of the day in front of you. The coffee stop was awesome as one would expect, and the treats provided just enough fuel to get us back strong. Click on link below (courtesy of Alec) and enjoy the "relive" segment arial view.

https://www.relive.cc/view/2058169158







Two of my favorite food groups



Ride for this week January 12

For this week we will head back down to Bob';s Well Bread from Albertson's in Orcutt for coffee and treat. Always a great destination for Winter riding. We will head back via Aliso Canyon road and on to Foxen and finish up. All the usual re-group spots apply and milage will be about 55. Questions? Contact me at 805-922-5577

Special Note:

Many people have been inquiring about Mainstreet Cycles Vests and Jackets not being available on the at once order link (below). While that will not be possible now, we have found a work around by doing a shop customer order for stock, available late January. If you would like a new MSC Vest or Jacket, please let us know your size and what item/items, and we will reserve them for you.

Quote of the Week

"There is no such thing as bad weather, only bad clothing"

Custom Mainstreet Cycles Clothing link

You can now purchase new Mainstreet Cycles clothing anytime 24/7 by using the link below and receive your order in less than 10 days!

https://www.voler.com/browse/collections/details/li/MainStreetCycles

Regular Rides



Saturday Group road ride, Albertson's Orcutt (twice monthly) Mainstreet Cycles (twice monthly). Year round, ride leaves at 9am Info:805-922-5577



Brew Crew Mountain bike ride Thursday nights, year round. Must have lights after end DST. Meet at former Rooney's, ride leaves at 6pm

Groups:

Brew Crew (Year round): contact 805-922-5577



Surf beach by VAFB. Shot on Saturday Night. Cold, wind howling, wet from tide surge. Would not be a sunset shot at the beach otherwise!

Club Tailwinds (Year round): Tailwinds Bicycle Club is a group of sociable cyclists with no-drop rides starting in Orcutt and Santa Maria. Various routes and speeds to meet your requirements. biketailwinds@gmail.com

Cutters: contact Chris Ries 805-934-8736 Kids Club (Seasonal): contact 805-260-0556 Saturday Morning (Year round): 805-922-5577

Vivid Financial is going to host a new morning group ride in Old Orcutt on Tuesday and/or Thursday Mornings from 5:30-7:20am. The plan is to meet at their office (340 E. Clark Ave) for coffee at 5:15am to depart at 5:30am. For more information, contact Calvin at 805-937-4556

I welcome any links to other up coming events that I could post to help keep riders focused and to use as goals to shoot for. Just drop an email to me with date and event info. If you could also include a link, that would be awesome!

To help communicate when we do have flats or lost riders, please put my cell number in your phones; Scott Clark 805-451-7805.

Please make sure to come prepared with EVERYTHING YOU WILL NEED to be comfortable and safe on ride. CHECK ALL YOUR EQUIPMENT BEFORE SHOWING UP FOR RIDE. This includes making sure that you have Helmet, working cleats on your shoes, flat gear, food, cash and of course that your bike is in good working order.

Interested in our ride but have not tried it yet?

We are a no drop, group-minded group ride, however: You need to have a true "road" bike and can pedal at least 14mph on your own for a couple of hours. If you can do this, we can help you to integrate into a faster group setting. If you are working your way into this fitness level, ride part way with us. We hold a pre-ride meeting each week and can advise on where and how to participate and cut short if needed.

Ride leaves Albertson's parking lot (Taco Bell side) in Orcutt at 9am, and twice a Month from Mainstreet Cycles at 9am when posted.

"Nobody ever got better by not showing up" -Scotty Chang

Below is a list of other up-coming events that you may be interested in and can focus your training and commitment on/for:

Saturday January 12 Ride from Albertson's Orcutt Bob's Well Bread/ Aliso 9am

March 9, 2019 Solvang Century

Sunday March 31, 2019 Open Streets Santa Maria Contact Carlos Escobedo 805-819-8727 santamariaopenstreets.org Sea Otter April 11-14 2019
Wildflower Century
April 27th, 2019

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