



Matt C on Harris Grade, feeling strong and getting that top end back

## "It's Time To Ride!" News <sup>TM</sup>

Join Our Mailing List!

805-922-5577



Andy's New Jersey says it all!

### "It's Time To Ride!" News <sup>TM</sup>

As we head into the Holiday's, just a friendly reminder that Mainstreet Cycles is your gift-giving head quarters. Special orders, Gift Cards and Product Lay Away are all available now.

With the exception of Thanksgiving Day and Christmas Day, Mainstreet will be open everyday, Monday-Saturday 10-7 and 11-5 on Sunday. We will be open Christmas Eve, Monday December 24 for Bicycle Lay Away pick up.

### Last Weeks Saturday Ride Report

Last week we had a smaller group, but it served to remind me of why we do this. Decent miles and efforts with lots of good visiting, essentially a quality work out with friends. To see the constant effort of and for improvement is inspiring. We are fortunate to have such good riding here, and should take advantage of it as much as we can. All of us have our good and bad days (mine last week), but to make the effort to consistently ride will always pay dividends, especially as the weather turns colder and the food gets less healthier!

### Up Coming Saturday Ride

Just in case people are hosting company for the Thanksgiving/weekend, let's keep this one short and sweet, Mesa Road/Palmer freeway. Milage should be about 35-40, with lots of places to add or cut shorter if necessary. Leave Albertson's parking lot at 9, head up Clark Ave, down Telephone Road, Betteravia to Mesa road, Right on Tep road across bridge to Sisquoc, Palmer Canyon to 101 and back to Clark Ave. Regroups in all the usual places.

Questions? Contact me at 805-922-5577



Dave Corey from CORE Wine Co. sporting his new Vivid Financial Kit



Juan having a great climb up Harris Grade



Who doesn't love a good donut...



Scott with the up-and-coming Alex, most improved rider and wrangler

Saturday ride for December 1 will be from Mainstreet Cycles  
Juasna Milage approx 65

## Quote of the Week

"Fail forward Fast, you will get to your success that much sooner" -Scotty Chang

## Custom Mainstreet Cycles Clothing link

You can now purchase new Mainstreet Cycles clothing anytime 24/7 by using the link below and receive your order in less than 10 days!

<https://www.voler.com/browse/collections/details/li/MainStreetCycles>

## Regular Rides



Saturday Group road ride, Albertson's Orcutt (twice monthly) Mainstreet Cycles (twice monthly). Year round, ride leaves at 9am Info:805-922-5577



Brew Crew Mountain bike ride  
Thursday nights, year round. Must have lights after end DST. Meet at former Rooney's, ride leaves at 6pm

## Groups

**Brew Crew (Year round): contact 805-922-5577**

**Club Tailwinds (Year round):** Tailwinds Bicycle Club is a group of sociable

cyclists with no-drop rides starting in Orcutt and Santa Maria. Various routes and speeds to meet your requirements. biketailwinds@gmail.com

**Cutters: contact TBA**

**Kids Club (Seasonal): contact 805-260-0556**

**Saturday Morning (Year round): 805-922-5577**

Vivid Financial is going to host a new morning group ride in Old Orcutt on Tuesday and/or Thursday Mornings from 5:30-7:20am. The plan is to meet at their office (340 E. Clark Ave) for coffee at 5:15am to depart at 5:30am. For more information, contact Calvin at 805-937-4556



Denise with her new Birthday Mountain bike from Alvin



Alvin speeding towards the Village Market stop



Mainstreet Cycles is now back in the Cargo Box biz, models in stock, special orders welcomed

I welcome any links to other upcoming events that I could post to help keep riders focused and to use as goals to shoot for. Just drop an email to me with date and event info. If you could also include a link, that would be awesome!

To help communicate when we do have flats or lost riders, please put my cell number in your phones; Scott Clark 805-451-7805.

Please make sure to come prepared with EVERYTHING YOU WILL NEED to be comfortable and safe on ride. CHECK ALL YOUR EQUIPMENT BEFORE SHOWING UP FOR RIDE. This includes making sure that you have Helmet, working cleats on your shoes, flat gear, food, cash and of course that your bike is in good working order.

## Interested in our ride but have not tried it yet?

We are a no drop, group-minded group ride, however:

You need to have a true "road" bike and can pedal at least 14mph on your own for a couple of hours. If you can do this, we can help you to integrate into a faster group setting. If you are working your way into this fitness level, ride part way with us.

We hold a pre-ride meeting each week and can advise on where and how to participate and cut short if needed.

Ride leaves Albertson's parking lot (Taco Bell side) in Orcutt at 9am, and twice a Month from Mainstreet Cycles at 9am when posted.

I would also like to extend a warm welcome and encouragement to the new riders (new to our group) who have been recently coming out with us, keep showing up and tell your friends!

"Nobody ever got better by not showing up" -Scotty Chang

**Below is a list of other up-coming events that you may be interested in and can focus your training and commitment on/for:**

**Thursday Nov 22**

Thanks Giving Day ride -leave from Albertson's at 9. Usual Holiday route, Aliso counter clockwise

**December 1**

Ride from Mainstreet Cycles

Juasna, milage approx 65

**March 9, 2019**

Solvang Century